

## WHEN DO I FEEL RELIEF? IS IT PROVEN?

**Relief:** After treatment the fibroid continues to shrink over time, other symptoms like heavy, long periods and looking pregnant when you're not can take 3+ months to improve.<sup>4</sup>

**Scientifically Proven:** Many patients see the most relief within 3 months, and continuing improvement out to 12 months and beyond.<sup>4</sup> The Acessa procedure has been objectively measured with clinical data, proving efficacy, published in over 49 peer-reviewed publications and performed on over 4000 women.<sup>6</sup>

## IS THE ACESSA PROCEDURE RIGHT FOR ME?

It depends on your fibroids and your body. Acessa is uterine sparing and can treat nearly all locations of fibroids, with a quicker recovery compared to other treatment options.<sup>4,7</sup> For many, it's a great option. The key is to know your options and, together with a physician, determine if the Acessa procedure is right for you.

# 98%

of women in a clinical study recommended Acessa.<sup>4</sup>

# 94%

of women said the procedure helped with their symptoms.<sup>4</sup>

*"I didn't think there was another option. I even had a hysterectomy scheduled. I'm so glad I found Acessa."*



**SHARON, 41**  
Procedure Date:  
November 2019



Scan QR code to schedule a consultation with an Acessa trained physician.

[www.acessaprocedure.com](http://www.acessaprocedure.com)

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@accessaprocedure



*"Life after Acessa is life without constantly carrying a bag of pads and tampons."*

**BRANDI, 34**  
Procedure Date:  
December 2019

### IMPORTANT SAFETY INFORMATION

The Acessa ProVu system is intended to identify and shrink symptomatic uterine fibroids. The Acessa ProVu system is used by trained physicians during laparoscopic surgery under general anesthesia. Rare but serious risks of this procedure include, but are not limited to, infection, internal injury, blood loss and complications related to laparoscopic surgery and/or general anesthesia. This procedure is not recommended for women who are planning future pregnancy. This information is not medical advice. Please discuss the risks and benefits with your doctor to find out if the Acessa procedure may be right for you.

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### SOURCES

1. Mayo Clinic—Uterine Fibroids—[www.mayoclinic.org/diseases-conditions/uterine-fibroids/symptoms-causes/syc-20354288](http://www.mayoclinic.org/diseases-conditions/uterine-fibroids/symptoms-causes/syc-20354288)
2. Lee BB, Yu SP. Radiofrequency Ablation of Uterine Fibroids: a Review. *Curr Obstet Gynecol Rep.* 2016;5(4):318–324. doi:10.1007/s13669-016-0183-x
3. Leppert PC, Jayes FL, Segars JH. The extracellular matrix contributes to mechanotransduction in uterine fibroids. *Obstet Gynecol Int.* 2014;2014:783289. doi:10.1155/2014/783289
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5. DI Galen, MD, KB Isaacson, MD, BB Lee, MD, Does menstrual bleeding decrease after ablation of intramural fibroids? A retrospective study. *J Minim Invasive Gynecol* 2013; 20(6):830-835.
6. Acessa Health Corporate data, proprietary system
7. Tsuzuki, Y., Tsuzuki, S., Wada, S., Fukushi, Y., & Fujino, T. (2019, January). Recovery of quality of life after laparoscopic myomectomy. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/30255650>

**HOLOGIC®**

**acessa®**

# THE ACESSA PROCEDURE

When fibroids show up uninvited, it's not your uterus that has to go.



**ANDREA, 41**  
Procedure Date:  
January 2020



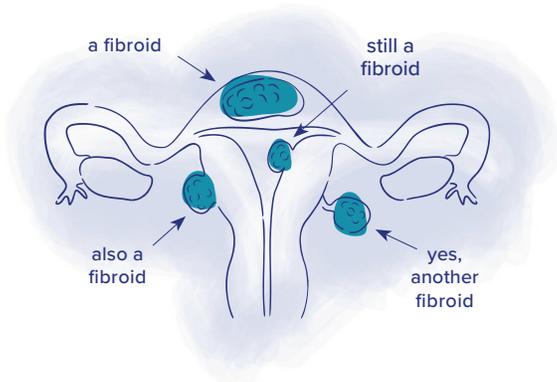
**CHANEL, 30**  
Procedure Date:  
April 2019

**PATRICE, 49**  
Procedure Date:  
June 2018

**RHONDA, 36**  
Procedure Date:  
December 2017

## WHAT ARE UTERINE FIBROIDS?

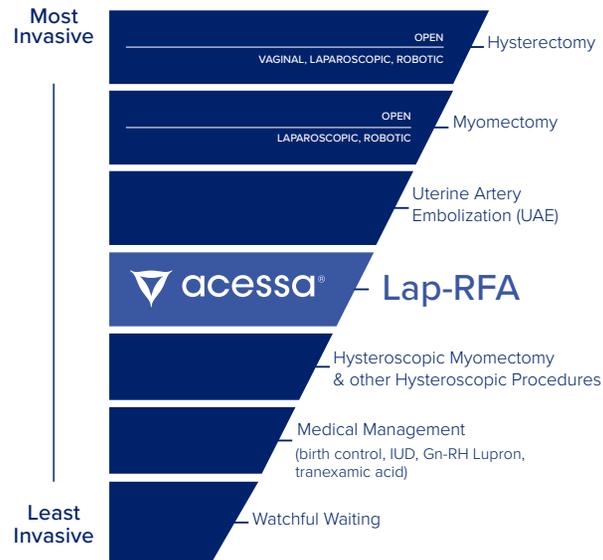
Uterine fibroids are benign tumors that grow in or on the uterus. They are surprisingly common. Typically women find out they have fibroids during a physical exam or ultrasound ordered by their doctor.



## WHAT ARE COMMON SYMPTOMS OF FIBROIDS?¹

- Periods that last longer than a week
- Heavy periods causing bleeding through clothes
- Pain and pressure in your pelvis, legs or lower back
- Unexplained exhaustion (may be anemia)
- Having to go to the bathroom a little too often

## GREAT NEWS: THERE ARE MULTIPLE TREATMENT OPTIONS!

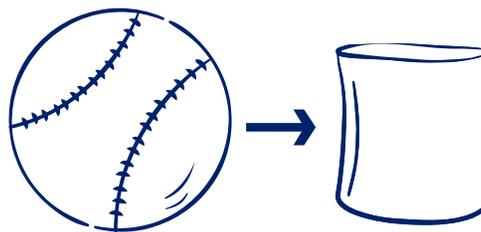


## WHAT IS ACESSA?

The medical term for the Acessa procedure is Laparoscopic Radiofrequency Ablation (Lap-RFA). It was designed to treat fibroids, and only fibroids.

## HOW DOES IT WORK?

It works by delivering heat (radiofrequency) directly into a fibroid to destroy the proteins of the fibroid tissue. The consistency of the fibroid changes from being hard like a baseball to soft like a marshmallow.<sup>2,3</sup>



Baseball

Marshmallow

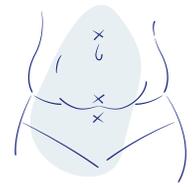
*Baseball to marshmallow is to represent consistency, not size.*

Treating the fibroid vs. removing the fibroid helps avoid damaging healthy tissue.<sup>2,3</sup> Fibroids do not have to be removed to achieve relief.<sup>4</sup>

## STEPS OF THE ACESSA PROCEDURE



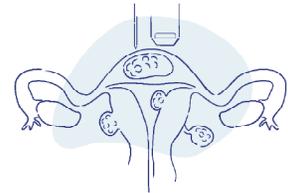
**Prep** – You are prepped and brought into the operating room for anesthesia.



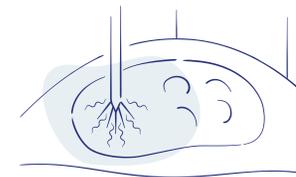
**Access** – Your physician makes three small incisions.



**Visualize** – Each fibroid is precisely located with the Acessa ultrasound probe and guidance mapping technology, allowing a full view of your uterus.



**Deploy** – The tip of the Acessa handpiece is deployed into the fibroid, while preserving healthy uterine tissue.



**Treat** – Controlled heat is deployed to each fibroid to destroy the tissue, and is repeated until every targeted fibroid is fully treated. Ta da!



**Recover** – Most patients get cleared to go home the same day.

## OK, SO WHAT MAKES ACESSA DIFFERENT?

**UTERINE SPARING**  
only treats the fibroids

**MINIMALLY INVASIVE**  
a minimum of three small incisions

**QUICK RECOVERY**  
return to work in 4-5 days<sup>4</sup>