

1 IN 5 WOMEN

experience abnormal uterine bleeding (AUB)

ARE YOU NUMBER 5?



You may experience AUB if:¹

- Your periods last over 7 days
- Your period impacts daily activities
- You need to change your tampon or pad every 1-2 hours
- You pass clots the size of a quarter or larger

Women with AUB may additionally experience:²



Extreme cramping,
nausea & fatigue



Depression
or anxiety



A disrupted
sex life



Missed school
or work

If you think you **suffer from AUB**,
ask your doctor about **treatment options**
during your appointment.

VISIT www.WeHateHeavyPeriods.com