

NovaSure®

Endometrial Ablation

Prepare Your Office to Perform the NovaSure® Procedure

When establishing office-based NovaSure procedures, you should consult several agencies and resources to help ensure you adhere to the appropriate regulations and guidelines. These include:

- Local and state regulatory agencies
- Legal counsel
- Contracted insurance companies
- Office building management

Required Equipment

To ensure your office is properly equipped to safely and effectively conduct endometrial ablation, we have provided a list of equipment and supplies that may be necessary to perform a NovaSure procedure in the office. The following is a sample list: it does not include prep tray or sterile pack components, additional optional tools and required safety equipment. Every physician should use his or her clinical expertise and judgment to decide which supplies are necessary for this procedure. State laws might also mandate particular equipment.

- ✓ NovaSure endometrial ablation radiofrequency controller and disposable device
- ✓ Hysteroscope (not necessary to perform the procedure)
- ✓ SureSound+ uterine-cavity measuring device
- ✓ Hegar dilators in sizes up to 9 mm
- ✓ Dressing forceps
- ✓ Two single-tooth tenacula
- ✓ Drapes: 2.5 sheets, leggings, or use four sterile towels
- ✓ 4"x 4" x-ray detectable sponge
- ✓ Sterile gown
- ✓ Sterile gloves
- ✓ Betadine solution
- ✓ Equipment to perform a paracervical block



The NovaSure Procedure Might Be Right for Your Patients if They Have Heavy Periods That:

- ✓ Last a long time and affect quality of life
- ✓ Require a frequent change of protection
- ✓ Require carrying large quantities of feminine products, and/or a change of clothes
- ✓ Cause anxiety, PMS, or pain
- ✓ Affect social, athletic, or sexual activities
- ✓ Lead to missed work or school days

It's important to let your patients know that the NovaSure procedure isn't right for everyone and to discuss all the risks and benefits with them. Please consult the instructions for use for complete indications, contraindications, warnings, and precautions.

Important Safety Information

NovaSure® endometrial ablation is for premenopausal women with heavy periods due to benign causes who are finished childbearing. Pregnancy following the NovaSure procedure can be dangerous. The NovaSure procedure is not for those who have or suspect uterine cancer; have an active genital, urinary or pelvic infection; or an IUD. NovaSure endometrial ablation is not a sterilization procedure. Rare but serious risks include, but are not limited to, thermal injury, perforation and infection. Temporary side effects may include cramping, nausea, vomiting, discharge and spotting. Inform patients to contact you if they experience a possible side effect related to use of this product. For detailed benefit and risk information, please consult the IFU.